

# Getting to Know Your God

## Bible Verses, Quotations, and Prayers on the Holy Trinity



### 5 Key Bible Verses

**Matthew 3:16-17:** As soon as Jesus was baptized, he went up out of the water. At that moment heaven was opened, and he saw the Spirit of God descending like a dove and lighting on him. And a voice from heaven said, "This is my Son, whom I love; with him I am well pleased."

**Matthew 28:18-20:** Then Jesus came to them and said, "All authority in heaven and on earth has been given to me. Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age."

**John 14:16-17, 23, 26:** [Jesus said to his disciples:] And I will ask the Father, and he will give you another Counselor to be with you forever—the Spirit of truth. The world cannot accept him, because it neither sees him nor knows him. But you know him, for he lives with you and will be in you. ... Jesus replied, "If anyone loves me, he will obey my teaching. My Father will love him, and we will come to him and make our home with him. But the Counselor, the Holy Spirit, whom the Father will send in my name, will teach you all things and will remind you of everything I have said to you."

**Acts 2:38-39:** Peter replied, "Repent and be baptized, every one of you, in the name of Jesus Christ for the forgiveness of your sins. And you will receive the gift of the Holy Spirit. The promise is for you and your children and for all who are far off—for all whom the Lord our God will call."

**Romans 8:9-11:** You, however, are controlled not by the sinful nature but by the Spirit, if the Spirit of God lives in you. And if anyone does not have the Spirit of Christ, he does not belong to Christ. But if Christ is in you, your body is dead because of sin, yet your spirit is alive because of righteousness. And if the Spirit of him who raised Jesus from the dead is living in you, he who raised Christ from the dead will also give life to your mortal bodies through his Spirit, who lives in you.

*Many others could be listed. A few: 1 Corinthians 2:12-16 \* 2 Corinthians 13:14 \* Galatians 4:6 \* 2 Thessalonians 2:13-14 \* Titus 3:4-6 \* Hebrews 2:3-4 \* 1 Peter 1:2 \* 1 John 3:21-24 \* Jude 20, 21 \* Revelation 2:26-29 \* Revelation 22:16-18*

## Prayers to the Trinity

O my God, Trinity whom I adore; help me to forget myself entirely that I may be established in You as still and as peaceful as if my soul were already in eternity. May nothing trouble my peace or make me leave You, O my Unchanging One, but may each minute carry me further into the depths of Your mystery. ...

--*Blessed Elizabeth of the Trinity*, early 20<sup>th</sup> century  
(please see entire prayer at <http://ocarm.org/en/content/ocarm/trinitarian-prayer-elizabeth-trinity>)

You, O eternal Trinity, are a deep Sea, into which the deeper I enter the more I find, and the more I find the more I seek.

--*Catherine of Siena*, 14<sup>th</sup> century

## Quotations on the Trinity

God the Father is fully God. God the Son is fully God. God the Holy Spirit is fully God. The Bible presents this as fact. It does not explain it.

—Billy Graham

It is commonly said that the Trinity is a mystery. And it certainly is ... It is not a mystery that keeps us in the dark, but a mystery in which we are taken by the hand and gradually led into the light.

—Eugene Peterson

If Christianity were something we were making up, of course we would make it easier. But it is not. We cannot compete in simplicity with people who are inventing religions. How could we? We are dealing with fact. Of course anyone can be simple if he doesn't have any facts to bother about.

—C. S. Lewis

What does it profit you to enter into deep discussions concerning the Holy Trinity, if you lack humility, and are thus displeasing to the Trinity?

—Thomas à Kempis

The Trinity is the life of God. It is in and through Christ that we enter into that divine life.

--Eirik Olsen

To say that I am made in the image of God is to say that love is the reason for my existence, for God is love.

--Thomas Merton